



# CHILDREN'S MUSEUM OF SCIENCE + TECHNOLOGY

## **CMOST Senior Traveling Programs**

The power of play is imperative at every age. CMOST's Senior Traveling Programs engage creativity, imagination and critical thinking in fostering science discovery. These playful experiences integrate the participants' past experiences with new knowledge.

We currently offer the following topics to choose from. Don't see the topic you're looking for? Just ask! Please don't hesitate to give us a call 518-235-2120 x206 or send an email to [scheduling@cmost.org](mailto:scheduling@cmost.org)

### **Animal Adaptations**

Meet animals from CMOST's living collection to learn about behavioral and structural adaptations. Our living collection includes rabbits, lizards, turtles, tortoises, insects and snakes. A Museum Educator will work with your program coordinator to choose appropriate animal(s) for your program.

### **History of Technology**

Before Smartphones, Facebook and Instagram people used technology to connect with each other in a more tangible way. Join our Museum Educator for a journey through time to see early examples of lightbulbs, cameras and listen to Bakelite recordings on a turn of the century phonograph. This program is designed to spark conversation and inspire a sharing of personal stories.

### **In Days Gone By**

Join our CMOST Educator in a lively discussion featuring labor saving tools from the Museum's teaching collection. Participants get a chance to share their memories and relive a bit of their childhood by engaging with hands-on exhibit items throughout the program.

### **The Ins and Outs of Weaving**

All that is old is new again! Learn how linen, silk and wool were originally made. In this hands-on program you can try your hand at a flax brake, silk rod, a spindle and then do a bit of weaving of your own.